



E. M. R. S. S.
Euro Mediterranean
Rehabilitation Summer School
Siracusa, Italy

E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
Registered office: Via San Sebastiano 37 - 96100 Siracusa -
Italy
Phone-fax +39.093121390
email: cirillofranco45@gmail.com
website: www.emrss.it

**With the
support**

14° E.M.R.S.S. COURSE

Program

Injections and interventional therapy in musculoskeletal rehabilitation

Siracusa 12th – 15th November 2018

President E.M.R.S.S.
Francesco Cirillo

Scientific Committee: Gulseren Akyuz, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Pietro Fiore, Calogero Foti, Marco Franceschini, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Jorge Lains, Mauro Zampolini

Local Committee : Salvatore Calvaruso, Valeria Coco, Matteo Cioni, Roberto Dattola, Giulia Letizia Mauro, Pietro Marano, Michele Vecchio, Alfredo Zambuto

**Under the
patronage**



Italian Society of PRM
SIMFER





E. M. R. S. S.
Euro Mediterranean
Rehabilitation Summer School
Siracusa, Italy

E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
Registered office: Via San Sebastiano 37 - 96100 Siracusa -
Italy
Phone-fax +39.093121390
email: cirillofranco45@gmail.com
website: www.emrss.it

**With the
support**



**Under the
patronage**



Congress venue

JOLLY HOTEL ARETUSA
CORSO GELONE 45
SIRACUSA

CONTENTS

PROGRAM

Monday, November 12th, 2018

Tuesday, November 13th, 2018

Wednesday, November 14th, 2018

Thursday, November 15th, 2018

FACULTY

GENERAL INFORMATION



E. M. R. S. S.
Euro Mediterranean
Rehabilitation Summer School
 Siracusa, Italy

E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
 Registered office: Via San Sebastiano 37 - 96100 Siracusa -
 Italy
 Phone-fax +39.093121390
 email: cirillofranco45@gmail.com
website: www.emrss.it

With the support

Day 1: Monday, November 12th, 2018
Morning Session 09:00 - 13:00



09:00 - Welcome by SIMFER President P. Fiore

09:15 - Presentation of EMRSS activities - F. Cirillo



Injections and interventional therapy 1

Chairmen: G. Akyüz - P. Boldrini



09:30 - 09:45 The history of injections and interventional therapy for musculoskeletal diseases in Mediterranean area- G. Akyüz



Italian Society of PRM
SIMFER

09:45 - 10:00 The history of injections and interventional therapy for musculoskeletal diseases in Europe- P. Boldrini

10:00 - 10:45 Basic skills and knowledge- N. Barotsis



Break



11:00 - 12:00 Scanning of the upper limb for interventions L. Özçakar

12:00 - 13:00 Scanning of the lower limb for interventions A. Picozzi

Under the patronage

Lunch

Afternoon Session 14:00 17:00



14:00 - 17:00 **Practice:** L. Özçakar – N. Barotsis – A. Picozzi





E. M. R. S. S.
Euro Mediterranean
Rehabilitation Summer School
 Siracusa, Italy

E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
 Registered office: Via San Sebastiano 37 - 96100 Siracusa -
 Italy
 Phone-fax +39.093121390
 email: cirillofranco45@gmail.com
website: www.emrss.it

With the support



DAY 2: Tuesday, November 13th , 2018
Morning Session 09:00 - 13:00

Injections and interventional therapy 2

Chairmen: A. Assucena - V. Coco

08:45 -09:00 About the Committee of Students/Residents/Young Specialists of the MFPRM - A. Assucena

09.00 - 10.00 Interventional ultrasound (technique and examples)
 L. Özçakar

10.00 - 10.45 Interventional ultrasound (for different treatments)
 A. Picozzi

Break

11.00 - 13.00 **Practice**

Lunch

Afternoon Session 14:00-17:00

14:00 - 15:00 ESWT (Extracorporeal Shockwave therapy) - N. Barotsis

15:00 - 16:30 **Practice on ESWT-** N. Barotsis, A. Picozzi

16:30 - 17:15 Writing a scientific paper - L. Özçakar

Under the patronage



E. M. R. S. S.
Euro Mediterranean
Rehabilitation Summer School
 Siracusa, Italy

E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
 Registered office: Via San Sebastiano 37 - 96100 Siracusa -
 Italy
 Phone-fax +39.093121390
 email: cirillofranco45@gmail.com
website: www.emrss.it

With the support

DAY 3: Wednesday, November 14th, 2018
Morning Session: 09:00 - 13:00

Injections and interventional therapy 3

Chairmen: S. Zammit - P. Marano



09: 00 -09: 30 Cochrane evidence for ultrasound-guided vs. landmark-guided injections in musculoskeletal PRM - F. Gimigliano

09: 30 - 10:00 Proloterapy - S. Cavallino

10: 00- 10:30 Infiltration with corticosteroids - S. Zammit

10:30 - 11:00 Platelet-rich therapy and viscosupplementation – A Piccozzi

Break

11: 15 -11:45 Oxygen-Ozone therapy - A. Romeo - C. Baiano

11:45 - 12:15 Myofascial pain syndrome - manual and stretching techniques using injections as a complement - A. Friedman

12:15-13: 00 Mesotherapy in lower back pain- C. Foti
 Discussion

Under the patronage

Light Lunch



Afternoon session 14:00 -17:00

14:00 - DELIVERY OF CERTIFICATES OF ATTENDANCE BY F. CIRILLO
 PRESIDENT OF EMRSS



15: 00-17: 00 **Practice on Infiltrative therapy** (Mesotherapy - Oxygen-Ozone therapy- Proloterapy etc.) - A. Romeo - S. Cavallino- A. Friedman



E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
Registered office: Via San Sebastiano 37 - 96100 Siracusa -
Italy
Phone-fax +39.093121390
email: cirillofranco45@gmail.com
website: www.emrss.it

**With the
support**



DAY 4 – Thursday, November 15th, 2018
Morning Session 09:00 - 12:00

Injections and interventional therapy 4

Chairmen: R. Gimigliano - G. Letizia Mauro - M. Vecchio



09: 00 -09: 45 Cochrane evidence for the different types of interventional therapies in PRM - F. Gimigliano



09: 45 – 10: 30 Percutaneous vertebroplasty - C. Mariconda

10: 30 – 11:15 Radiofrequency, from physics to clinical care - E. Bettoni



Italian Society of PRM
SIMFER

11:15 : 11:45 Discussion



11: 45 Farewell meeting.



**Under the
patronage**





E. M. R. S. S.
Euro Mediterranean
Rehabilitation Summer School
 Siracusa, Italy

E.M.R.S.S.

Euromediterranean PRM School
" Haim Ring "

Registered office: Via San Sebastiano 37 - 96100 Siracusa - Italy

Phone-fax +39.093121390

email: cirillofranco45@gmail.com

website: www.emrss.it

With the support

DOCENTI / FACULTY



Akyuz G.* - President Mediterranean Forum PRM – Professor Marmara University - Istanbul - Turkey

Assucena Martinez A.*: Member of the Mediterranean Forum PRM, Director of Rehabilitation Department -Valencia- Espana

Baiano C - M.D. Psychiatrist, MPR Health District - ASP - Siracusa

Barotsis N. * - Academic & Research Fellow, PRM Department of Patras University Hospital, Greece. Incoming President of UEMS PRM Board.

Bettoni E. MPR Unit Hospital Gradenigo Humanitas - Turin - Italy

Boldrini P. – Past President Italian Society of Physical and Rehabilitation Medicine and delegate for International Affairs

Cavallino S.*- M.D. Director of the European School of Prolotherapy - New York - USA -

Cirillo F.- President of EMRSS - Siracusa- Italy

Coco V. - M.D. Secretary Regional Group (Sicily) of Italian Society of Physical and Rehabilitation Medicine

Fiore P. – Full Professor and Chair of Physical and Rehabilitation Medicine, University of Bari and President of the Italian Society of Physical and Rehabilitation Medicine

Foti C.- Full Professor and Chair of Physical and Rehabilitation Medicine, University of Tor Vergata - Roma - Italy

Friedman Alan*- Chief Physical & Musculoskeletal Medicine Department of Rehabilitation -Soroka University Medical Center- Israel

Letizia Mauro G. Full Professor and Chair of Physical and Rehabilitation Medicine, Palermo University -Italy

Gimigliano F.-Associate Professor of Physical and Rehabilitation Medicine, University of Campania “Luigi Vanvitelli”- Napoli- Italy

Gimigliano R.- Full Professor and Chair of Physical and Rehabilitation Medicine, University of Campania “Luigi Vanvitelli”- Napoli- Italy

Marano P. - Professor of Neurology Chieti University ad auditor of Italian Society of Physical and Rehabilitation Medicine

Mariconda C. Director MPR Unit Hospital Gradenigo Humanitas, Turin- Italy

Özçakar L *- Full Professor, Hacettepe University Medical School - Department of Physical and Rehabilitation Medicine, Ankara, Turkey

Picozzi A - MD, Psychiatrist, Italian Society of Prolotherapy , Team doctor Triestina F.C and Medical Director of Sports Medicine Rehabilitation Service -Trieste- Italy.

Romeo A. - M.D., Phsyatrist - MPR Department - Hospital Siracusa

Vecchio M. - Associate Professor of Physical and Rehabilitation Medicine - University of Catania- Italy

Zammit S. *- M.D. Head of Rehabilitation Hospital Karin Grech - Member of the Mediterranean Forum PRM- La Valletta - Malta

*** Foreign Teachers**



Italian Society of PRM
SIMFER



Under the patronage





E. M. R. S. S.
Euro Mediterranean
Rehabilitation Summer School
Siracusa, Italy

E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
Registered office: Via San Sebastiano 37 - 96100 Siracusa -
Italy
Phone-fax +39.093121390
email: cirillofranco45@gmail.com
website: www.emrss.it

**With the
support**



CONTACTS:

Eliana Cirillo elianacirillo@virgilio.it

Any other information will be published on the website www.emrss.it



SEE YOU IN SYRACUSE



**Under the
patronage**

