



E. M. R. S. S.

Euro Mediterranean  
Rehabilitation Summer School

Siracusa, Italy

E.M.R.S.S.

Euromediterranean PRM School

" Haim Ring "

Registered office: Viale Tunisi 8 - 96100 Siracusa - Italy

website: [www.emrssi.it](http://www.emrssi.it)

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## 18<sup>th</sup> E.M.R.S.S. COURSE

Programme

# CERVICAL SPINE DISORDERS Capsular/Ligament/Osteo/Muscular/Fascial Disfunction

Siracusa 29 October - 1 November 2023

Venue: Aretusa Palace Hotel

E.M.R.S.S. President - Francesco Cirillo

**Scientific Committee:** Nikolaos Barotsis, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Calogero Foti, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Klemen Grabljevec, Milica Lazovic, Mauro Zampolini.

**Local Committee:** Daniele Bruschetta, Valeria Coco, Giulia Letizia Mauro, Pietro Marano, Cristiano Monello, Michele Vecchio, Stephen Zammit.



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**Sunday October 29th, 2023**

**19:00 Registration**

**19.30 – Networking Event**

**Jolly Aretusa Palace Hotel**

**Monday, October 30th, 2023**

**Morning Session h. 09.30 – 13.30**

**Chairpersons: Giovanna Beretta – Paolo Boldrini**

**09:00 Greetings from the authorities.**



**09:30 Anatomy of the cervical spine - Klemen Grabljevec**



**10:30 Break**



**10:45 Biomechanics and function of the cervical spine  
Paolo Boldrini**



**11:30 Principles of clinical semeiotics and evaluation scales  
Nicola Smania**



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**12:30 Imaging appearances and diagnostic considerations  
Antonio Politi e Salvatore Materazzo**

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**13:15 Discussion**



**13:30 Light Lunch**





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Monday, October 30th, 2023  
Afternoon Session 14.30 – 18-30

Chairpersons: Klemen Grabljevec - Nikolaos Barotsis



14:30 **Physiatric approach in myofascial syndromes**  
Carmelo Pirri



15:15 **Tension Type Headache - Nikolaos Barotsis**



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16:30 **Break**



16:45 **Dental occlusion and TMJ Dysfunction: Systemic Implications  
and Postural Assessments – Ugo Macca**



17.15 **Cervical Vertigo: differential diagnosis - Stefano Di Girolamo**



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18:00 **Discussion**

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18:30 **End of Session**





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Tuesday 31 October 2023

Morning Session h. 09.30 – 13.30

Chairpersons: Jorge Lains - Mauro Zampolini



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- 09:00** When cervical curve straightening and inversion are real and not fake issues? The impact of sagittal balance on the neck posture - Stefano Negrini
- 09:30** Physiatic approach in cervical protrusions, herniated. Discs and spondyloarthritis - Jorge Lains
- 10:00** Surgical approach: indications and treatments  
Vincenzo Denaro
- 10:30** Break
- 10:45** Rachialgia in athletes - Andrea Bernetti -
- 11:15** Cervical sprain from a road accident, legal medical aspects  
Francesco Cirillo - Cristiano Monello
- 11:45** The Cochrane evidence for the management of cervical spine disorders - Carlote Kiekens
- 12:30** What do young trainees think about PRM in their nations  
Discussant: Mauro Zampolini
- 13:30** Light Lunch



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Tuesday 31 October 2023

Afternoon Special Session 14.30 – 18-30

Chairpersons: Calogero Foti – Michele Vecchio

“MANUAL THERAPY”

in minor intervertebral disorders



14:30 General notions - Carlo Mariconda – Carla Correggia

15:30 Practical demonstration -Valeria Coco – Ennio Spadini



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16:30 Break



16:45 Practical demonstration (continue) - Valeria Coco – Ennio Spadini



18:30 End of Session



18:30 Meeting of the scientific committee



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21:00 Evening together in Siracusa

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Wednesday 1 November 2023

Morning Session h. 9,30 – 12,30

Chairpersons: Francesca Gimigliano – Giulia Letizia Mauro



**09:30 International guidelines on the rehabilitation approach to cervical spine disorders-** Francesca Gimigliano



**10:15 Master's lesson: the cervical spine a perspective view**  
Vincenzo Denaro



**11:30 History of the EMRSS and future prospective**  
Francesco Cirillo



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**12:00 Delivery of certificates**

**12:30 Toast and group photos**



Afternoon: Special Session 14.30 -18.00

Chairpersons: Stephen Zammit

**INFILTRATIVE THERAPY & Mesotherapy**



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**14:30 General notions -** Andrea Piccozzi- Stephen Cavallino

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**15:30 Practical demonstration -** Andrea Piccozzi- Stephen Cavallino

**18:00 End of Session and closing of the course**







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**FACULTY** (in alphabetic order)

**Nikolaos Barotsis\*** - President of the UEMS PRM Board - Greece

**Giovanna Beretta** - SIMFER President - Italy

**Andrea Bernetti** - Physiatrist, Researcher at the Sapienza University, Rome - Italy

**Paolo Boldrini** - ESPRM General Secretary - Italy

**Stephen Cavallino\*** - Director of the European School of Prolotherapy - U.S.A.

**Francesco Cirillo** - EMRSS President - Italy

**Valeria Coco** - Sicily SIMFER Secretary - Italy

**Carla Correggia** - International Federation for Manual/Musculoskeletal Medicine member - Italy

**Vincenzo Denaro** - Scientific Director, Campus Bio-Medico University Hospital, Rome - Italy

**Stefano Di Girolamo** - Full Professor of ORL, Tor Vergata University, Rome - Italy

**Calogero Foti** - MFPRM president, Full Professor PRM, Tor Vergata University, Rome - Italy

**Francesca Gimigliano** - ISPRM President, Full Professor PRM Vanvitelli University, Naples - Italy

**Klemen Grabljevec\*** - ESPRM president, National University Rehabilitation Institute, Ljubljana - Slovenia

**Jorge Lains\*** Medical Director Deputy - Rehabilitation Centre for the Central Region of Portugal - Rovisco Pais Hospital, Portugal

**Charlotte Kiekens\*** - Physiatrist, IRCCS MultiMedica, Milan (formerly PRM Dept. University Hospitals Leuven) - Belgium & Italy

**Carlo Mariconda** - Director MPR Unit Hospital Gradenigo Humanitas, Turin - Italy

**Giulia Letizia Mauro** - Full Professor PRM, Palermo University - Italy

**Salvatore Materazzo** - M.D. Diagnostic imaging department- "Villa Salus"- Siracusa

**Ugo Macca** - M.D. Dentist - Perfected in Boston University - Syracuse - Italy

**Cristiano Monello** - EMRSS member, PRM resident, Tor Vergata University, Rome - Italy

**Stefano Negrini** - Cochrane Rehabilitation director, Full Professor PRM. "La Statale" University & IRCCS Orthopaedic Institute "Galeazzi", Milan - Italy

**Andrea Piccozzi** - Physiatrist, Medical Director Avalon Center Sgonico (Trieste) - Italy

**Carmelo Pirri** - Physiatrist, Researcher at the University of Padova - Italy

**Antonio Politi** - M.D. Diagnostic imaging department- "Villa Salus", Syracuse - Italy

**Nicola Smania** - Full Professor PRM, Verona University - Italy

**Ennio Spadini** - Director Dep. of PRM, San Filippo Neri Hospital, Rome - Italy

**Michele Vecchio** - PRM professor, Catania University - Italy

**Stephen Zammit\*** - Rehab Medicine Consultant at Ministry of Health, La Valletta - Malta

**Mauro Zampolini** - President of the UEMS PRM Section - Trevi -Italy

\* Foreign Teachers



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*It is possible that there are any changes to the program and to the topics covered by the speakers according to specific needs. They will be promptly announced on the EMRSS and SIMFER website.*



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*Any further information will be published on the website [www.emrсс.it](http://www.emrсс.it) and [www.simfer.it](http://www.simfer.it).*

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