



E. M. R. S. S.
Euro Mediterranean
Rehabilitation Summer School
Siracusa, Italy

E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
Registered office: Via San Sebastiano 37 - 96100 Siracusa -
Italy
Phone-fax +39.093121390
email: cirillofranco45@gmail.com
website: www.emrss.it

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14° E.M.R.S.S. COURSE

Program

Injections and interventional therapy in musculoskeletal rehabilitation

Siracusa 12th – 15th November 2018

President E.M.R.S.S.
Francesco Cirillo

Scientific Committee: Gulseren Akyuz, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Pietro Fiore, Calogero Foti, Marco Franceschini, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Jorge Lains, Mauro Zampolini

Local Committee : Salvatore Calvaruso, Valeria Coco, Matteo Cioni, Roberto Dattola, Giulia Letizia Mauro, Pietro Marano, Michele Vecchio, Alfredo Zambuto

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Congress venue

JOLLY HOTEL ARETUSA
CORSO GELONE 45
SIRACUSA

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PROGRAM

Monday, November 12th, 2018

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FACULTY

GENERAL INFORMATION



E. M. R. S. S.
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Day 1: Monday, November 12th, 2018
Morning Session 09:00 - 13:00



09:00 - Welcome by SIMFER President P. Fiore

09:15 - Presentation of EMRSS activities - F. Cirillo



Injections and interventional therapy 1

Chairmen: G. Akyüz - P. Boldrini



09:30 - 09:45 The history of injections and interventional therapy for musculoskeletal diseases in Mediterranean area- G. Akyüz



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09:45 - 10:00 The history of injections and interventional therapy for musculoskeletal diseases in Europe- P. Boldrini

10:00 - 10:45 Basic skills and knowledge- N. Barotsis



Break



11:00 - 12:00 Scanning of the upper limb for interventions L. Özçakar

12:00 - 13:00 Scanning of the lower limb for interventions A. Picozzi

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Lunch

Afternoon Session 14:00 17:00



14:00 - 17:00 **Practice:** L. Özçakar – N. Barotsis – A. Picozzi





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DAY 2: Tuesday, November 13th , 2018
Morning Session 09:00 - 13:00

Injections and interventional therapy 2

Chairmen: A. Assucena - V. Coco

08:45 -09:00 About the Committee of Students/Residents/Young Specialists of the MFPRM - A. Assucena

09.00 - 10.00 Interventional ultrasound (technique and examples)
 L. Özçakar

10.00 - 10.45 Interventional ultrasound (for different treatments)
 A. Picozzi

Break

11.00 - 13.00 **Practice**

Lunch

Afternoon Session 14:00-17:00

14:00 - 15:00 ESWT (Extracorporeal Shockwave therapy) - N. Barotsis

15:00 - 16:30 **Practice on ESWT-** N. Barotsis, A. Picozzi

16:30 - 17:15 Writing a scientific paper - L. Özçakar

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DAY 3: Wednesday, November 14th, 2018
Morning Session: 09:00 - 13:00

Injections and interventional therapy 3

Chairmen: S. Zammit - P. Marano



09: 00 -09: 30 Cochrane evidence for ultrasound-guided vs. landmark-guided injections in musculoskeletal PRM - F. Gimigliano

09: 30 - 10:00 Proloterapy - S. Cavallino



10: 00- 10:30 Infiltration with corticosteroids - S. Zammit



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10:30 - 11:15 Platelet-rich therapy and viscosupplementation –
A Piccozzi

Break



11: 30 -12:15 Oxygen-Ozone therapy - A. Romeo - C. Baiano



12:15-13: 00 Mesotherapy in lower back pain- C. Foti
Discussion

Light Lunch

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Afternoon session 14:00 -17:00

14:00 - DELIVERY OF CERTIFICATES OF ATTENDANCE BY F. CIRILLO
PRESIDENT OF EMRSS



15: 00-17: 00 **Practice on Infiltrative therapy** (Mesotherapy - Oxygen-Ozone therapy- Proloterapy etc.) - A. Romeo - S. Cavallino-



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DAY 4 – Thursday, November 15th, 2018
Morning Session 09:00 - 12:00

Injections and interventional therapy 4

Chairmen: R. Gimigliano - G. Letizia Mauro - M. Vecchio



09: 00 -09: 45 Cochrane evidence for the different types of interventional therapies in PRM - F. Gimigliano



09: 45 – 10: 30 Percutaneous vertebroplasty - C. Mariconda



10: 30 – 11:15 Radiofrequency, from physics to clinical care - E. Bettoni

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11:15 : 11:45 Discussion



11: 45 Farewell meeting.



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DOCENTI / FACULTY

Akyuz G.* - President Mediterranean Forum PRM – Professor Marmara Univesity - Istanbul - Turkey

Assucena Martinez A.*: Member of the Mediterranean Forum PRM, Director of Rehabilitation Department -Valencia- Espana

Baiano C - M.D. Psychiatrist, MPR Health District - ASP - Siracusa

Barotsis N. * - Academic & Research Fellow, PRM Department of Patras University Hospital, Greece. Incoming President of UEMS PRM Board.

Bettoni E. MPR Unit Hospital Gradenigo Humanitas - Turin - Italy

Boldrini P. – Past President Italian Society of Physical and Rehabilitation Medicine and delegate for International Affairs

Cavallino S.*- M.D. Director of the European School of Prolotherapy - New York - USA -

Cirillo F.- President of EMRSS - Siracusa- Italy

Coco V. - M.D. Secretary Regional Group (Sicily) of Italian Society of Physical and Rehabilitation Medicine

Fiore P. – Full Professor and Chair of Physical and Rehabilitation Medicine, University of Bari and President of the Italian Society of Physical and Rehabilitation Medicine

Foti C.- Full Professor and Chair of Physical and Rehabilitation Medicine, University of Tor Vergata - Roma - Italy

Letizia Mauro G. Full Professor and Chair of Physical and Rehabilitation Medicine, Palermo University -Italy

Gimigliano F.-Associate Professor of Physical and Rehabilitation Medicine, University of Campania “Luigi Vanvitelli”- Napoli- Italy

Gimigliano R.- Full Professor and Chair of Physical and Rehabilitation Medicine, University of Campania “Luigi Vanvitelli”- Napoli- Italy

Marano P. - Professor of Neurology Chieti University ad auditor of Italian Society of Physical and Rehabilitation Medicine

Mariconda C. Director MPR Unit Hospital Gradenigo Humanitas, Turin- Italy

Özçakar L *- Full Professor, Hacettepe University Medical School - Department of Physical and Rehabilitation Medicine, Ankara, Turkey

Picozzi A - MD, Psychiatrist, Italian Society of Prolotherapy , Team doctor Triestina F.C and Medical Director of Sports Medicine Rehabilitation Service -Trieste- Italy.

Romeo A. - M.D., Phsyatrist - MPR Department - Hospital Siracusa

Vecchio M. - Associate Professor of Physical and Rehabilitation Medicine - University of Catania- Italy

Zammit S. *- M.D. Head of Rehabilitation Hospital Karin Grech - Member of the Mediterranean Forum PRM- La Valletta - Malta

*** Foreign Teachers**



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Any other information will be published on the website www.emrss.it

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