



E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
Registered office: Via San Sebastiano 37 - 96100 Siracusa - Italy
Phone-fax +39.093121390
email: cirillofranco45@gmail.com
website: www.emrss.it

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14° E.M.R.S.S. COURSE

Program

Injections and interventional therapy in musculoskeletal rehabilitation

Siracusa 12th – 15th November 2018

President E.M.R.S.S.
Francesco Cirillo

Scientific Committee: Gulseren Akyuz, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Pietro Fiore, Calogero Foti, Marco Franceschini, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Jorge Lains, Mauro Zampolini

Local Committee : Salvatore Calvaruso, Valeria Coco, Matteo Cioni, Roberto Dattola, Giulia Letizia Mauro, Pietro Marano, Michele Vecchio, Alfredo Zambuto

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Congress venue

JOLLY HOTEL ARETUSA
CORSO GELONE 45
SIRACUSA

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PROGRAM

Monday, November 12th, 2018

Tuesday, November 13th, 2018

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FACULTY

GENERAL INFORMATION



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Day 1: Monday, November 12th, 2018
Morning Session 09:00 - 13:00



08:30 - Registration

09:00 - Welcome from the Authorities



09:15 - Presentation of EMRSS activities - F. Cirillo

Injections and interventional therapy 1

Chairmen: G. Akyüz - P. Marano



09:45 - 10:15 The history of injections and interventional therapy for musculoskeletal diseases in Mediterranean area- G. Akyüz



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10:15 - 10:45 Basic skills and knowledge- N. Barotsis



Break

11:00 - 12:00 Scanning of the upper limb for interventions L. Özçakar



12:00 - 13:00 Scanning of the lower limb for interventions A. Piccozzi

Lunch

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Afternoon Session 14:00 17:00

14:00 - 17:00 **Practice: L. Özçakar – N. Barotsis – A. Piccozzi**





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DAY 2: Tuesday, November 13th, 2018
Morning Session 09:00 - 13:00

Injections and interventional therapy 2

Chairmen: A. Assucena - V. Coco



08:45 -09:00 About the Committee of Students/Residents/Young Specialists of the MFPRM - A. Assucena



09.00 - 10.00 Interventional ultrasound (technique and examples)
L. Özçakar



10.00 - 10.45 Interventional ultrasound (for different treatments)
A. Piccozzi



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Break

11.00 - 13.00 **Practice**



Lunch

Afternoon Session 14:00-17:00

14:00 - 15:00 ESWT (Extracorporeal Shockwave therapy) - N. Barotsis

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15:00 - 16:30 **Practice on ESWT-** N. Barotsis, A. Piccozzi

16:30 - 17:15 Writing a scientific paper - L. Özçakar





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DAY 3: Wednesday, November 14th, 2018

Morning Session: 09:00 - 13:00

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Injections and interventional therapy 3

Chairmen: S. Zammit - C. Foti



09: 00 -09: 30 Prolotherapy - S. Cavallino



09: 30 - 10:00 Infiltration with corticosteroids - S. Zammit

10: 00- 10:30 Platelet-rich therapy and viscosupplementation – A Picozzi



10:30 - 11:00 Mesotherapy in lower back pain- C. Foti

Break



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11: 15 -11:45 Myofascial pain syndrome - manual and stretching techniques using injections as a complement - A. Friedman



11:45 - 12:00 - W.H.O. & LIONS : November 14th - World Diabetes Day - Diabetes and Osteoporosis - C. Baiano



12:00 DELIVERY OF CERTIFICATES OF ATTENDANCE AND WORKSHEET LIONS BY F. CIRILLO PRESIDENT OF EMRSS

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Light Lunch

Afternoon session 14:00 -17:00



14:00 - 14:30 - Oxygen-Ozone therapy - A. Romeo - C. Baiano



15: 00-17: 00 **Practice on Infiltrative therapy** (Mesotherapy - Oxygen-Ozone therapy- Prolotherapy etc.) - A. Romeo - S. Cavallino- A. Friedman



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DAY 4 – Thursday, November 15th, 2018
Morning Session 09:00 - 12:00

Injections and interventional therapy 4

Chairmen: G. Letizia Mauro - M. Vecchio



09:00 - 09:30 Cochrane evidence for the different types of interventional therapies in PRM - P. Marano



09:30 - 10:00 - Cochrane evidence for ultrasound-guided vs. landmark-guided injections in musculoskeletal - P. Marano



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10:00 – 10:30 Percutaneous vertebroplasty - E. Bettoni

10:30 – 11:15 Radiofrequency, from physics to clinical care - E. Bettoni



11:15 : 11:45 Discussion



11:45 Goodbye toast & farewell meeting.

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DOCENTI / FACULTY

Akyuz G.* - President Mediterranean Forum PRM – Professor Marmara University - Istanbul - Turkey

Assucena Martinez A.*: Member of the Mediterranean Forum PRM, Director of Rehabilitation Department -Valencia- Espana

Baiano C - M.D. Psychiatrist, MPR Health District - ASP - Siracusa

Barotsis N. * - Academic & Research Fellow, PRM Department of Patras University Hospital, Greece. Incoming President of UEMS PRM Board.

Bettoni E. MPR Unit Hospital Gradenigo Humanitas - Turin - Italy

Cavallino S.*- M.D. Director of the European School of Prolotherapy - New York - USA -

Cirillo F.- President of EMRSS - Siracusa- Italy

Coco V. - M.D. Secretary Regional Group (Sicily) of Italian Society of Physical and Rehabilitation Medicine

Foti C.- Full Professor and Chair of Physical and Rehabilitation Medicine, University of Tor Vergata - Roma - Italy

Friedman Alan*- Chief Physical & Musculoskeletal Medicine Department of Rehabilitation -Soroka University Medical Center- Israel

Letizia Mauro G. - Full Professor and Chair of Physical and Rehabilitation Medicine, Palermo University -Italy

Marano P. - Professor of Neurology Chieti University ad auditor of Italian Society of Physical and Rehabilitation Medicine

Özçakar L *- Full Professor, Hacettepe University Medical School - Department of Physical and Rehabilitation Medicine, Ankara, Turkey

Piccozzi A - MD, Psychiatrist, Italian Society of Prolotherapy , Team doctor Triestina F.C and Medical Director of Sports Medicine Rehabilitation Service -Trieste- Italy.

Romeo A. - M.D., Physiatrist - MPR Department - Hospital Siracusa

Vecchio M. - Associate Professor of Physical and Rehabilitation Medicine - University of Catania- Italy

Zammit S. *- M.D. Head of Rehabilitation Hospital Karin Grech - Member of the Mediterranean Forum PRM- La Valletta - Malta

* Foreign Teachers



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Any other information will be published on the website www.emrssi.it

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