



E. M. R. S. S.

Euro Mediterranean  
Rehabilitation Summer School

Siracusa, Italy

**E.M.R.S.S.**

**Euromediterranean PRM School**

**" Haim Ring "**

Registered office: Viale Tunisi 8 - 96100 Siracusa - Italy

**website: [www.emrss.it](http://www.emrss.it)**

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## 17<sup>th</sup> E.M.R.S.S. COURSE

Programme

### **LONG COVID\* SILENT DAMAGE** (<sup>e</sup>Post Covid-19 Condition, WHO)

### **TELEREHABILITATION**

### **Special Practical Session on Prolotherapy**

**Siracusa/Syracuse - 13-16 November 2022**

**Venue: Jolly Aretusa Palace Hotel**

**E.M.R.S.S. President - Francesco Cirillo**

**Scientific Committee:** Gulseren Akyuz, Nikos Barotsis, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Pietro Fiore, Calogero Foti, Marco Franceschini, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Klemen Grabljevec, Jorge Lains, Milica Lazovic, Stephen Zammit, Mauro Zampolini

**Local Committee:** Salvatore Calvaruso, Valeria Coco, Giulia Letizia Mauro, Pietro Marano, Michele Vecchio, Stephen Zammit, Alfredo Zambuto.



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**Sunday November 13th, 2022**

**19.30 – Networking Event**

**Jolly Aretusa Palace Hotel**

**Monday, November 14th, 2022**

**Morning Session h. 09.30 – 13.30**

**Chairpersons: Francesca Gimigliano – Giovanna Beretta**

- |              |   |
|--------------|---|
| <b>09:00</b> | <b>Registration</b>   |
| <b>09:30</b> | <b>Welcome by Giovanna Beretta, SIMFER President.<br/>Greetings from the authorities.</b>                                     |
| <b>10:00</b> | <b>Long Covid: post-disease effects or a continuation of the<br/>disease? - Paolo Boldrini</b>                                |
| <b>10:30</b> | <b>The impact of long covid on patients' health and on the<br/>organization of rehabilitation structures - Xanthi Michail</b> |
| <b>11:00</b> | <b>Break</b>  |
| <b>11:30</b> | <b>Team work in the management of Long Covid - Jorge Lains</b>  |
| <b>12:00</b> | <b>Long Covid damage to the central nervous system –<br/>Maria Gabriella Ceravolo</b>   |
| <b>12:30</b> | <b>The electromyographic study of post-Covid myopathies -<br/>Michele Vecchio</b>   |
| <b>13:00</b> | <b>Discussion</b>   |
| <b>13:30</b> | <b>Light Lunch</b>  |



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## Afternoon Session

**Chairpersons: Raffaele Gimigliano – Klemen Grabljevec**



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- |              |  |
|--------------|--|
| <b>14:30</b> | <b>Covid-19 pandemic. What should Physical and Rehabilitation Medicine specialists do? A clinician's perspective – Stefano Carda</b> |
| <b>15:00</b> | <b>Smell and taste disturbances in post Long Covid patients - Klemen Grabljevec</b>  |
| <b>15:30</b> | <b>Risk communication and storytelling between Pandemic and Long Covid – Valentina Botta</b>   |
| <b>16:00</b> | <b>Break</b>   |
| <b>16:30</b> | <b>Neuro-Covid and Long Covid: behavioral modifications – Marinella Ruggeri</b>  |
| <b>17:00</b> | <b>Impact of long Covid in oncological pathology – Paolo Tralongo</b>  |
| <b>17:30</b> | <b>Systematic rapid "living" review on rehabilitation needs due to Covid-19: an update – Alessandro De Sire</b>                      |
| <b>18:00</b> | <b>Discussion</b>  |
| <b>18:30</b> | <b>End of Session</b>  |



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**Tuesday 15 November 2022**

**Morning Session**

**Chairpersons: Nicolas Christodoulou – Milica Lazovic**

- |              |  |
|--------------|--|
| <b>09:00</b> | <b>Lesson learned on evidence from the Covid-19 pandemic –</b><br>Stefano Negrini  |
| <b>09:30</b> | <b>WHO clinical guidelines on rehabilitation of post Covid-19 condition -</b> Carlotte Kiekens                                   |
| <b>10:00</b> | <b>Functioning profile of Covid-19 patients and survivors across the care continuum: CLINFIT Covid-19 –</b> Francesca Gimigliano |
| <b>10:30</b> | Break  |
| <b>11:00</b> | <b>Long Covid treatment: pharmacological support –</b> Pietro Marano   |
| <b>11:30</b> | <b>Respiratory problems in the Long Covid -</b> Giorgio Mandalà  |
| <b>12:00</b> | <b>Thermalism and long covid: what perspectives? –</b> Milica Lazovic  |
| <b>12:30</b> | <b>Thermalism in Sicily- Opportunities in a path of health –</b> Valeria Coco  |
| <b>13:00</b> | Discussion   |
| <b>13:30</b> | Light Lunch  |



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## Afternoon Session

**Chairpersons: Calogero Foti – Mauro Zampolini**

- |              |   |
|--------------|---|
| <b>14:30</b> | <b>Telerehabilitation experiences during the pandemic induced by Covid-19: limits and perspectives -</b><br>Giuseppe Cannata  |
| <b>15:00</b> | <b>Telemedicine in Rehabilitation Medicine: enrichment potential for activities defined as Telerehabilitation -</b><br>Alessandro Giustini                                  |
| <b>15:30</b> | <b>Telerehabilitation in neurodegenerative diseases: opportunity or temporary solution? –</b> Massimo Marano  |
| <b>16:00</b> | Break   |
| <b>16:30</b> | <b>Our experience on the efficiency: effectiveness of remote rehabilitation -</b> N. Christodoulou, N, Barotsis, K, Grabljevec, M. Lazovic, S. Carda, X. Michail, S. Zammit |
| <b>17:00</b> | <b>Cochrane: which evidence for telerehabilitation? -</b> Francesca Gimigliano  |
| <b>17:30</b> | <b>What do young trainees think about telerehabilitation?</b><br>Discussant: Mauro Zampolini  |
| <b>18:00</b> | End of Session  |
| <b>18:15</b> | Meeting of the scientific committee   |
| <b>21:00</b> | Evening together in Ortigia   |



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**Wednesday 16 November 2022**

**Morning Session**

**Chairpersons: Nikolaos Barotsis – Giulia Letizia Mauro**



**09:00 Lesson learned in my first 45 years as a physiatrist and researcher - Franco Franchignoni**



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**09:45 History of the EMRSS and future prospective – Franco Cirillo**



**10.15 Break**

**10:45 The expectations of us young people: interventions and proposals of students for the rehabilitation of the future.**  
 Discussant: Stephen Zammit – Gabriele Miccichè



**11:30 The involvement of the scientific societies and the Lions Clubs International (the largest service association in the world) in favor of educational projects in PRM.**



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Interventions: International Director Lions Club - ISPRM  
 President - ESPRM President - UEMS PRM Section President  
 - UEMS PRM Board President - Mediterranean Forum PRM President.

**12:30 Delivery of certificates**



**13:30 Light Lunch**



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## **Afternoon: Special Session**

**Chairpersons: Franco Cirillo – Stephen Zammit**

## **PROLOTHERAPY - INFILTRATIVE THERAPY**

**Venue: S. Angela Merici Foundation, Syracuse**

**14:30 General notions of Prolotherapy & Neuroprolotherapy**  
Stephen Cavallino

**15:30 Practical demonstrations in:**

Headache and migraine  
Fibromyalgia  
Tendinitis  
Carpal tunnel syndrome  
Low back pain  
Gonarthrosis  
Metatarsalgia (Morton's neuroma)

**17:30 Discussion**

**18:00 End of Session and closing of the course**



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**FACULTY (in alphabetic order)**



**Nikolaos Barotsis\*** President of the UEMS PRM Board - Greece

**Giovanna Beretta** – SIMFER President - Italy

**Paolo Boldrini** - ESPRM General Secretary - Past President SIMFER - Italy

**Valentina Botta** – CEFPAS e USC Regional Health Department of Sicily - Italy

**Giuseppe Cannata** – Adjunct Professor, University "Tor Vergata" Rome - Italy

**Stefano Carda** - University Hospital (CHUV), Lausanne - Switzerland

**Stephen Cavallino** - President of European Prolotherapy Society - USA & Italy

**Maria Gabriella Ceravolo** – Full Professor PRM- Politecnica delle Marche University - Italy.

**Nicolas Christodoulou\*** - ESPRM President - Cyprus

**Franco Cirillo** – EMRSS President - Italy

**Valeria Coco** – Regional SIMFER Secretary, Sicily - Italy

**Alessandro De Sire** – Assoc. Professor PRM, University of Magna Graecia of Catanzaro - Italy

**Calogero Foti** - Full Professor PRM, Tor Vergata University, Rome - Italy

**Franco Franchignoni** - Herman J. Flax Lifetime Achievement Award, ISPRM – Italy

**Francesca Gimigliano** - ISPRM President, Full Professor PRM Vanvitelli University, Naples - Italy

**Raffaele Gimigliano** – Director DAI PRM, Vanvitelli University, Naples - Italy

**Alessandro Giustini** – PRM Scientific Director, S. Pancrazio Hospital, Arco (TN) and Arezzo - Italy

**Klemen Grabljevec\*** - University Rehabilitation Institute, Ljubljana - Slovenia

**Charlotte Kiekens\*** - Physiatriest, IRCCS MultiMedica, Milan (formerly PRM Dept. University Hospitals Leuven) - Belgium & Italy

**Jorge Lains\*** Medical Director Deputy - Rehabilitation Centre for the Central Region of Portugal – Rovisco Pais Hospital, Portugal

**Milica Lazovic\*** -Mediterranean Forum of PRM President, Belgrade - Serbia

**Giulia Letizia Mauro** - Full Professor PRM , Palermo University, Palermo - Italy

**Giorgio Mandalà** - Director of the Rehabilitation Unit - Buccheri La Ferla Fatebenefratelli Hospital, Palermo - Italy

**Massimo Marano** - Department of Medicine, Campus Bio-Medico University, Rome - Italy

**Pietro Marano** - Physiatriest, Catania – Italy

**Gabriele Micciché** - M.D. – Lions Clubs International Delegate of Youth Exchanges - Italy

**Xanthi Michail\*** – ESPRM and EARM Past President, Athens - Greece

**Stefano Negrini** - Full Professor PRM. “La Statale” University & IRCCS Orthopaedic Institute “Galeazzi”, Milan - Italy

**Marinella Ruggeri** - M.D. Neuropsychiatrist, Messina - Italy

**Michele Vecchio** - Professor PRM., Catania University - Italy

**Paolo Tralongo** - Director U.O.C. Oncology, ASP Syracuse - Italy

**Stephen Zammit\*** - Physiatriest - La Valletta - Malta

**Mauro Zampolini** -President of the UEMS PRM Section – Trevi -Italy

**\* Foreign Teachers**



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*It is possible that there are any changes to the program and to the topics covered by the speakers according to specific needs. They will be promptly announced on the EMRSS and SIMFER website.*



*Any further information will be published on the website [www.emrss.it](http://www.emrss.it) and [www.simfer.it](http://www.simfer.it)*



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