



**E. M. R. S. S.**  
**Euro Mediterranean**  
**Rehabilitation Summer School**  
 Siracusa, Italy

**E.M.R.S.S.**

**Euromediterranean PRM School**

**" Haim Ring "**

*Registered office: Viale Tunisi 8 - 96100 Siracusa - Italy*

**website: [www.emrss.it](http://www.emrss.it)**

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## **18<sup>th</sup> E.M.R.S.S. COURSE**

**Programme**

### **CERVICAL SPINE DISORDERS Capsular/Ligament/Osteo/Muscular/Fascial Disfunction**

**Siracusa 29 October - 1 November 2023**

**Venue: Aretusa Palace Hotel**

**E.M.R.S.S. President - Francesco Cirillo**

**Scientific Committee:** Nikolaos Barotsis, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Calogero Foti, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Klemen Grabljevec, Milica Lazovic, Mauro Zampolini.

**Local Committee:** Daniele Bruschetta, Valeria Coco, Giulia Letizia Mauro, Pietro Marano, Cristiano Monello, Michele Vecchio, Stephen Zammit.



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**Sunday October 29th, 2023**

**19:00 Registration**

**19.30 – Networking Event**

**Jolly Aretusa Palace Hotel**

**Monday, October 30th, 2023  
Morning Session h. 09.30 – 13.30**

**Chairpersons: Giovanna Beretta – Paolo Boldrini**



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**09:00 Greetings from the authorities.**

**09:30 Anatomy of the cervical spine - Klemen Grablievec**

**10:30 Break**

**10:45 Biomechanics and function of the cervical spine  
Paolo Boldrini**

**11:30 Principles of clinical semeiotics and evaluation scales  
Nicola Smania**

**12:30 Imaging appearances and diagnostic considerations  
Antonio Politi e Salvatore Matarazzo**

**13:15 Discussion**

**13:30 Light Lunch**



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**Monday, October 30th, 2023**  
**Afternoon Session 14.30 – 18-30**

**Chairpersons: Klemen Grablievec – Daniele Bruschetta**



**14:30      Physiatrie approach in myofascial syndromes**  
 Carmelo Pirri



**15:15      Tension Type Headache – Pietro Marano**



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**16:30      Break**

**16:45      Dental occlusion and TMJ Dysfunction: Systemic Implications  
and Postural Assessments - Ugo Macca**



**17.15      Cervical Vertigo: differential diagnosis - Stefano Di Girolamo**



**18:00      Discussion**



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**18:30      End of Session**

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**Tuesday 31 October 2023**

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**Morning Session h. 09.30 – 13.30**

**Chairpersons: Jorge Lains - Mauro Zampolini**



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- |              |   |
|--------------|---|
| <b>09:00</b> | <b>When cervical curve straightening and inversion are real and not fake issues? The impact of sagittal balance on the neck posture - Stefano Negrini</b> |
| <b>09:30</b> | <b>Physiatric approach in cervical protrusions, herniated. Discs and spondyloarthrosis - Jorge Lains</b>  |
| <b>10:00</b> | <b>Surgical approach: indications and treatments<br/>Vincenzo Denaro</b>  |
| <b>10:30</b> | <b>Break</b>  |
| <b>10:45</b> | <b>Rachialgia in athletes - Andrea Bernetti -</b>   |
| <b>11:15</b> | <b>Cervical sprain from a road accident, legal medical aspects<br/>Francesco Cirillo - Cristiano Monello</b>  |
| <b>11:45</b> | <b>The Cochrane evidence for the management of cervical spine disorders - Charlotte Kiekens</b>   |
| <b>12:30</b> | <b>What do young trainees think about PRM in their nations<br/>Discussant: Mauro Zampolini</b>  |
| <b>13:30</b> | <b>Light Lunch</b>  |



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**Tuesday 31 October 2023**

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**Afternoon Special Session 14.30 – 18-30**

**Chairpersons: Calogero Foti – Michele Vecchio**

**“MANUAL THERAPY”  
in minor intervertebral disorders**



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- 14:30 General notions - Carlo Mariconda – Carla Correggia**
- 15:30 Practical demonstration -Valeria Coco – Ennio Spadini**
- 16:30 Break**
- 16:45 Practical demonstration (continue) - Valeria Coco – Ennio Spadini**
- 18:30 End of Session**
- 18:30 Meeting of the scientific committee**
- 21:00 Evening together in Siracusa**

**Wednesday 1 November 2023**



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**Morning Session h. 9,30 – 12,30**

**Chairpersons: Francesca Gimigliano – Giulia Letizia Mauro**

- 09:30 International guidelines on the rehabilitation approach to cervical spine disorders- Francesca Gimigliano**
- 10:15 Master's lesson: the cervical spine a perspective view  
Vincenzo Denaro**
- 11:30 History of the EMRSS and future prospective  
Franco Cirillo**
- 12:00 Delivery of certificates**
- 12:30 Toast and group photos**

**Afternoon: Special Session 14.30 -18.00**

**Chairpersons: Stephen Zammit**

**INFILTRATIVE THERAPY & Mesotherapy**

- 14:30 General notions - Andrea Piccozzi- Stephen Cavallino**
- 15:30 Practical demonstration - Andrea Piccozzi- Stephen Cavallino**
- 18:00 End of Session and closing of the course**





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**FACULTY** (in alphabetic order)

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**Giovanna Beretta** – SIMFER President – Italy

**Andrea Berneti** – Physiatrist, Researcher at the Sapienza University, Rome - Italy

**Paolo Boldrini** - ESPRM General Secretary - Past President SIMFER – Italy

**Daniele Bruschetta** - Full Professor PRM, Messina University, Messina - Italy

**Stephen Cavallino\*** - International Society of Proloterapy President – N.Y. U.S.A.

**Francesco Cirillo** – EMRSS President - Italy

**Valeria Coco** – Regional SIMFER Secretary, Sicily – Italy

**Carla Correggia** - *Delegate to the FIMM General Assembly – Turin, Italy*

**Vincenzo Denaro**- Scientific Director Policlinico Campus Biomedico- Roma

**Stefano Di Girolamo** – Full Professor of ORL, Tor Vergata University, Rome - Italy

**Calogero Foti** - Full Professor PRM, Roma Tor Vergata University, Rome - Italy

**Francesca Gimigliano** - ISPRM President, Full Professor PRM Vanvitelli University, Naples - Italy

**Klemen Grabljevec\*** - ESPRM President- Full Professor PRM University Rehabilitation Institute, Ljubljana - Slovenia

**Jorge Lains\*** Medical Director Deputy - Rehabilitation Centre for the Central Region of Portugal – Rovisco Pais Hospital, Portugal

**Charlotte Kiekens\***- Physical and Rehabilitation Medicine physician; Cochrane Rehabilitation co-director, IRCCS Ospedale Galeazzi - Sant'Ambrogio; affiliated with PRM Dept. University Hospitals Leuven; Belgium & Italy

**Pietro Marano**- Director PRM UOS - I.R.C.S.S. Oasi Maria SS Troina (Enna) . Italy

**Carlo Mariconda** - Director MPR Unit Hospital Gradenigo Humanitas, Turin- Italy

**Giulia Letizia Mauro** - Full Professor PRM, Palermo University, Palermo - Italy

**Salvatore Matarazzo** – M.D. Diagnostic imaging department- “Villa Salus”- Siracusa

**Ugo Macca**- M.D. Dentist –Perfected in Boston University – Siracusa - Italy

**Cristiano Monello** – EMRSS member, PRM resident, Tor Vergata University, Rome - Italy

**Stefano Negrini** - Full Professor PRM. “La Statale” University & IRCCS Orthopaedic Institute “Galeazzi”, Milan - Italy

**Andrea Piccozzi** – Medical Director Avalon Center Sgonico (Trieste)

**Carmelo Pirri** – Physiatrist, Researcher at the University of Padova - Italy

**Antonio Politi** – M.D. Diagnostic imaging department- “Villa Salus”- Siracusa

**Nicola Smania** - Full Professor PRM, Verona University- Italy

**Ennio Spadini** - Director Dep. of Physical and Rehabilitation Medicine ASL Rome 1- Italy

**Michele Vecchio** - Professor PRM, Catania University - Italy

**Stephen Zammit\*** - Physiatrist - La Valletta - Malta

**Mauro Zampolini** -President of the UEMS PRM Section – Trevi -Italy

**\* Foreign Teachers**



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*It is possible that there are any changes to the program and to the topics covered by the speakers according to specific needs. They will be promptly announced on the EMRSS and SIMFER website.*

*Any further information will be published on the website [www.emrss.it](http://www.emrss.it) and [www.simfer.it](http://www.simfer.it).*

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